

3+2 PSYCHOLOGY TO COUNSELING

ACCELERATED DUAL-DEGREE

PROGRAM OVERVIEW

The Psychology & NSCI Department from the College of Arts & Sciences and the Counseling Program from the School of Education is offering an **accelerated curriculum** allowing students to complete both a **Bachelor of Arts or Bachelor of Science degree in Psychology and a Master of Science degree in Counseling** in five years. Students who pursue this program are designated as 3+2 students. They are assigned a faculty mentor from the Department of Psychology & Neuroscience.

These students complete **three years of full-time undergraduate study** in which they fulfill all requirements for the Psychology major and the Drake curriculum (AOI or Honors). Should they meet admissions requirements for the Master of Science in Counseling program, they complete **two years of graduate level coursework** in the Counseling program at Drake's School of Education (SOE). Graduate level coursework begins in the summer following their 3rd year of undergraduate study. Graduate coursework will be completed in each fall, spring and summer thereafter until completion. Courses take place in **evening and weekend format**. Up to 30 credits of their graduate coursework will count to complete their bachelor's degree and will simultaneously apply to their master's degree.

Due to the accelerated pace of this program, students can expect a **intensive course load** each semester. Also, 3+2 students will have minimal space in their course plan for additional courses outside of those required for their major and Drake curriculum (especially if pursuing a Bachelor of Science degree) thus making it very challenging to have a second major.

3+2 students will be billed at standard undergraduate full-time tuition rate for their first 3 years at Drake, then in the summer of their third year, when they begin their master's program, students will be billed at the graduate tuition rate for Counseling program. **Please consult with Financial Aid Office in your first undergraduate year regarding cost and your financial plan.**

Master of Science in Counseling specialization areas:

- Clinical Mental Health Counseling
- Clinical Rehabilitation Counseling
- Rehabilitation Counseling
- School Counseling



ELIGIBILITY & GUIDELINES

In order to be eligible to continue into the Master's of Science in Counseling program at Drake University, students must:

- Declare the 3+2 Psychology to Counseling program (see steps to declare below)
- Complete at least 96 total undergraduate credits
 - at least 28 must be upper-level credits
- Complete all AOI/ Honors requirements
- Complete required psychology course (see required courses and suggested academic plan on next pages)
- Maintain at least a 2.0 in psychology (PSY) classes. Having a cumulative GPA above a 3.2 is ideal*
- Meet with **your advising team** each semester to develop an academic plan and ensure you are meeting necessary requirements in a timely manner
- Must submit application to the Counseling program by FEB 15th in their last undergraduate spring semester. Students must submit all required application materials. There are no special exceptions or advantages in the application process for 3+2 students. Admission is not guaranteed.
- Upon acceptance and matriculation to the counseling program, continue communication with Arts & Sciences Dean's Office (see contact to the right) to ensure Drake bachelor's degree is awarded.

Your Advising Team

As a 3+2 student, you will have a team of advisors and mentors available to support you.

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You should meet with your advisors each semester regarding your course plan and ideal classes for your interests.

Declaring the 3+2 program

- Go to "**my.drake.edu**"
- Click on "**Student Records**" drop list
- Click "**Change of Record Request**"
- Add the psychology major (BA or BS)
- In the comment box, write "**Add 3+2 Psy to Counseling program**"

* The average GPA students admitted to Master's of Counseling program is **3.27**. However, meeting this GPA mark does not guarantee admittance.

FOR THE B.A. OR B.S. DEGREE IN PSYCHOLOGY - 39 TOTAL CREDITS

- **PSY 001: INTRO TO PSYCHOLOGY** (LAB INCLUDED) - 4 CREDITS - [LIFE SCIENCE AOI](#)
- **PSY 011: INTRO TO STATISTICS FOR PSYCHOLOGY** - 4 CREDITS - [QUANTITATIVE REASONING AOI](#)
- **PSY 013: RESEARCH METHODS** - 3 CREDITS - [CRITICAL THINKING AOI](#)

- **PSYCHOLOGY COURSE WITH LAB** - 4 CREDITS (CHOOSE ONE OF THE FOLLOWING):
 - **PSY 120/121: CONDITIONING AND LEARNING** - 4 CREDITS
 - **PSY 123: BIOLOGICAL BASIS OF BEHAVIOR** - 4 CREDITS
 - **PSY 125: COGNITIVE PSYCHOLOGY** - 4 CREDITS
 - **PSY 126: COMPARATIVE PSYCHOLOGY** - 4 CREDITS
 - **PSY 130: EXPERIMENTAL SOCIAL PSYCHOLOGY** - 4 CREDITS
 - **PSY 133: PSYCHOLOGICAL ASSESSMENT** - 4 CREDITS

- **PSYCHOLOGY THEME COURSES** - 12 - 13 CREDITS
 - MUST INCLUDE 1 COURSE EACH FROM [THEME A, THEME B, THEME C AND THEME D.](#)

- **PSYCHOLOGY ELECTIVES** - 9 CREDITS

- **PSYCHOLOGY CAPSTONE** - 3 CREDITS (CHOOSE ONE OF THE FOLLOWING):
 - PSY 145: APPLIED PROFESSIONAL ETHICS
 - PSY 151: HISTORY AND SYSTEMS OF PSYCHOLOGY
 - PSY 101/191: INDEPENDENT STUDY/ RESEARCH
 - PSY 192: INTERNSHIP

- **UPPER DIVISION COURSES**
 - MUST COMPLETE AT LEAST 16 CREDITS OF PSY COURSES NUMBERED 100 OR HIGHER. THESE 16 CREDITS CANNOT INCLUDE INDEPENDENT STUDIES, RESEARCH SEMINARS, OR INTERNSHIPS. [SEE THE PSYCHOLOGY WEBSITE FOR THE MAJOR CHECKLIST AND OTHER IMPORTANT POLICIES.](#)

- **BACHELOR OF SCIENCE NON-PSYCHOLOGY COURSES** - 12 CREDITS
 - For students pursuing the Bachelor of Science Degree, An additional 12 credits must be successfully completed in natural science courses outside of the Department of Psychology, including Astronomy, BCMB, Biology, Chemistry, Computer Science, Environmental Science, Mathematics (MATH 20 or higher), Physics, approved HSCI courses, and Neuroscience that is not cross-listed with Psychology. Eight of the 12 credits must be from courses that include a laboratory component.

3+2 COURSE PLAN

THIS IS AN EXAMPLE PLAN ASSUMING NO TRANSFER CREDITS - STUDENTS SHOULD CONSULT ADVISOR FOR AN INDIVIDUALIZED PLAN

Year 1 - Fall Semester

- FYS
- INTD 025: Blueprint for Success
- PSY 001: Intro to Psychology (lab included) (AOI LIFE SCI)
- Honors or AOI Written Communication
- Honors or AOI Historical Foundations

Credits

3
1
4
3
3

Total

14

Year 1 - Spring Semester

- PSY 011: Intro to Stats (AOI QUANT)
- Elective
- PSY Theme A, B, C or D
- Honors or AOI Artistic Literacy
- Equity and Inclusion Course

Credits

4
3
3
3
3

Total

16

Year 2 - Fall Semester

- PSY 013: Research Methods (AOI CRIT)
- PSY Theme A, B, C or D
- Honors or AOI Engaged Citizen
- Honors or AOI Values & Ethics
- BS Science (or elective)

Credits

3
3
3
3
4

Total

16

Year 2 - Spring Semester

- PSY Theme A, B, C or D
- PSY Elective
- Elective
- Honors or AOI Historical Foundations
- BS Science (or elective)

Credits

3
3
3
3
4

Total

16

Year 3 - Fall Semester

- PSY Elective w Lab (see approved list)
- PSY Research (or PSY elective)
- PSY Theme A, B, C or D
- Honors or AOI Physical Science
- Honors or AOI Information Literacy

Credits

4
3
3
3
3

Total

16

Year 3 - Spring Semester

- PSY Capstone
- PSY Internship (or PSY elective)
- Elective
- Honors or AOI Global & Cultural
- BS Science (or elective)

Credits

3
3
3
3
4

Total

16

Year 3 - Summer

- Begin Counseling master's program, taking 2 - 3 courses in this summer.

Year 4 - Fall through Summer

- Continue with Counseling coursework in the fall, spring and summer terms, taking between 2 - 4 classes each term.

Year 5 - Fall through Summer

- Continue with Counseling coursework in the fall and spring semesters then complete a final internship in this summer.

SUMMER & J-TERM


Students may also use summer term and J-term during undergraduate years to complete courses towards their major, minor, AOIs, etc. Please carefully review summer and J-term policies and plan accordingly.

FINAL UNDERGRADUATE YEAR

STUDENTS, PLEASE COMPLETE THE FOLLOING ITEMS:

- **Meet with all your advisors** - This is important to ensure you will meet all necessary course requirements for your major and Drake Curriculum are met. You should also begin discussing the amount of credits from the counseling program that you will need applied to your bachelor's degree.
- **Update your graduation date** - You should set your graduation date for the semester that you plan to complete your last undergraduate courses at Drake. You can make this change via my.Drake.edu, under the "Student Records" heading. Click on "Change or Record Request" form.
- **Make plans to update/ transfer your student visa** (for international students) - Please meet with the Office of Global Engagement about your visa status.
- **Apply for Master of Science in Counseling program no later than February 15th.** You can find the application online here:
- **Apply for Drake Graduation no later than February 15.** You can apply for graduation via the My.Drake.edu portal under the "Student Records" heading. See more information here: | Drake University When you apply for graduation, this notifies us that you are transitioning out of undergraduate status.

Helpful Links

- [MS in Counseling General Information](#) 
- [MS in Counseling Application Information](#) 
- [Undergraduate Graduation Application](#) 
- [Financial Aid Contact](#) 
- Graduation Date Change - Use Change of Record Request form found in my.drake> Student records

- **Submit request to participate in graduation ceremonies (if desired)** - If you wish to participate in the Drake graduation ceremony (Commencement) after your third year of undergraduate study and have your name printed in the Commencement Program, you must make a special request to the Provost of the university. To do this, please:
 - Draft an email Provost Sue Mattison - sue.mattison@drake.edu
 - In this email, concisely explain that you are participating in an accelerated dual-degree program and will complete your bachelor's degree with graduate credits from the School of Education within one year however, you would like to participate in the commencement ceremony this year.
 - Please CC Assistant Dean Will Hatchet (william.hatchet@drake.edu) on your email to the Provost
 - Once you receive a response from Provost Mattison, please forward it to Assistant Dean Hatchet.
 - Please take note of deadlines for the purchasing of regalia - this is usually sent by the Registrar's Office to graduates via email. See commencement information here: Commencement | Drake University